



 **SEWING 101**

nuwaka

Fashion Fun

BEGINNER SEWING CLASSES

No prior sewing experience is required

Children Ages 8 and up





Four classes – One per week for 1 ½ hours

WHAT IS THE GOAL

The beginning sewing student will learn to control the sewing machine and improve eye-hand and foot coordination by successfully working on enjoyable stitching activities. Students will follow written sewing directions and become familiar with sewing terminology.











WHAT TO EXPECT

Each class will be divided into four segments:

-  Getting machine ready and stitching warm-ups
-  Review
-  Hands-on working
-  Clean-up and show & share

Our patterns and lesson plans are designed so that kids, teens and adults are learning to sew and will be able to have a successful experience.







WHAT YOU WILL LEARN

-  Safety tips while sewing and ironing
-  Identifying different sewing machine parts
-  How to thread and use sewing machine
-  How to layout and cut patterns properly
-  How to identify different types of fabric
-  How to mark and sew hems
-  How to sew buttons, hooks, snaps etc
-  How to sew an elastic waist skirt (boys: sew pull-on lounge pants)
-  How to sew a pillow case and/or pillow
-  How to sew reversible shoulder tote bag

WHAT YOU WILL NEED

Student Supplies: Sewing machine in good working order (cleaned and oiled recently), machine manual, extra bobbin and needles, foot pedal and cord





All the following supplies should be in a sewing box or basket and should be labeled with child's name:

-  Fabric scissors and paper scissors
-  Pencil
-  Pin cushion and pins
-  All purpose thread – black and white (optional – colored threads)
-  Seam ripper ruler
-  Four sheets of felt (light color)

You will need sewing tools and fabrics the first day!






WHAT ARE THE LESSONS

Lesson 1: Operating the sewing machine.

-  Safety tips
-  Identifying parts of the sewing machine
-  How to fill bobbin, thread machine and set different stitch lengths
-  Felt sheet sewing without needle. (stop-go-slow-fast etc)

















Practice on material by drawing a line, turn corner, going at an angle, circle, etc
Clean up and show & share

Lesson 2: Sewing Machine Fun

-  Review threading machine
-  Stitching exercises
-  Learn different stitches
-  Sewing different shapes
-  Sewing on serger




Clean up and show & share

Lesson 3: Laying out pattern

-  Review stitches
-  How to use a pattern over and over again
-  Fabric and pattern layout
-  Fabric and pattern cutting
-  Hemming
-  Facing
-  Pivoting
-  Clipping
-  Fold line
-  Straight of grain
-  Seams
-  Notching
-  Pressing
-  Seam allowance
-  Top stitching
-  Measuring and pinning

Clean up and show & share

Lesson 4: Creating and Designing Your Own Creation

-  Layout and cut pattern
-  Sew project
-  Choose and embellish original creation

Clean up and show & share

